

February Movie

Top Gun

Maverick

Grease

The Age of Adaline

Notting Hill

Maid of Honor

And So It Goes

Leap Year

Hollywood's Leading Men

Paul Newman ~ The Sting

Rock Hudson ~ Pillow Talk

Robert Redford ~ The Way We Were

TV Shows

Columbo

Frasier

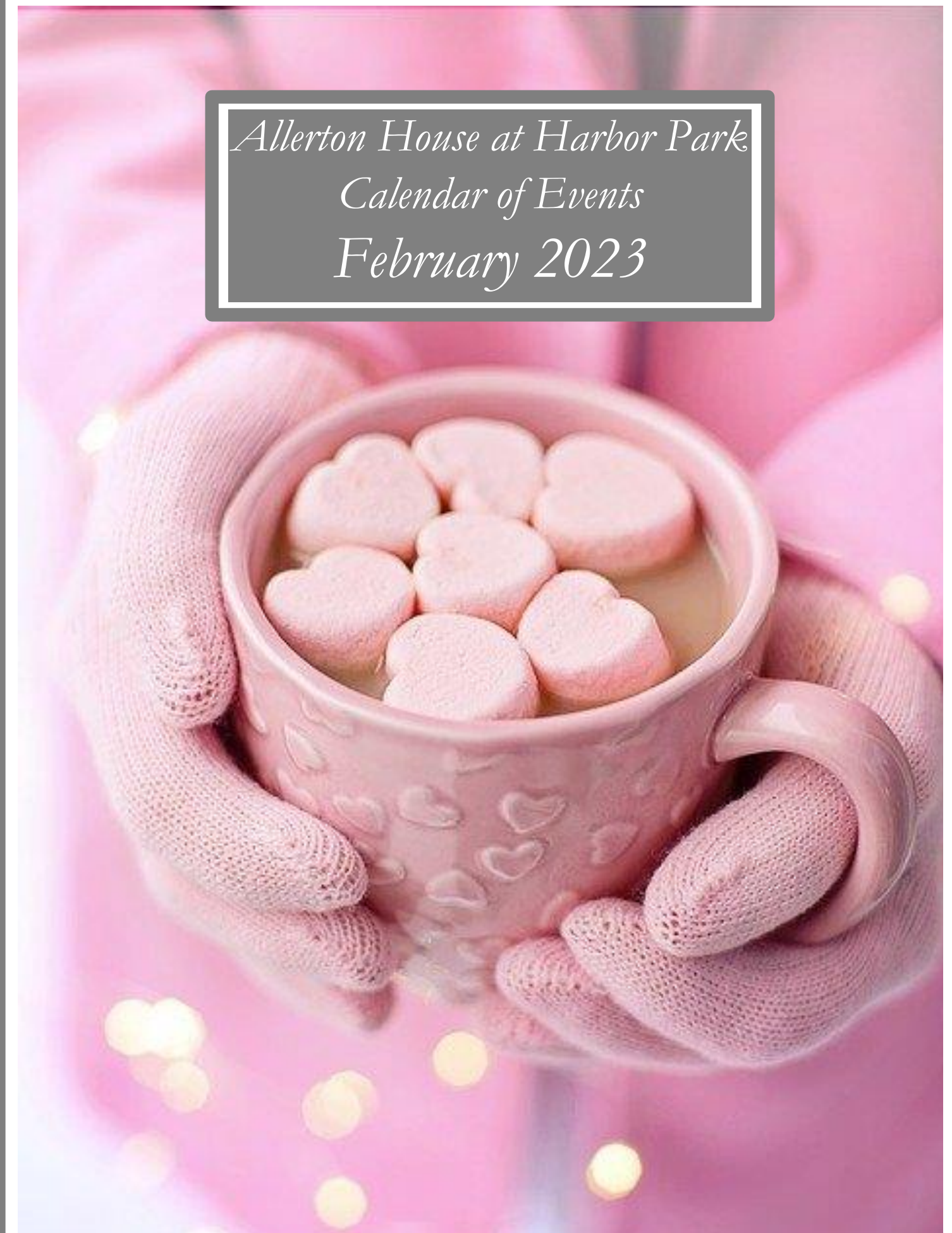
Murder She Wrote

All in the Family

Allerton House at Harbor Park

Calendar of Events

February 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	National Heart Health Month Black History Month Cancer Awareness Month Groundhog Day Valentine's Day Presidents Day Fat Tuesday Ash Wednesday	 4 Peg Lamontagne 17 Sylvia Zeppi 26 Bob Hannon 27 Kathleen Cavanaugh	1 10:00 Exercise: Drill Sgt. 11:00 St. Paul's Catholic Mass 12:30 Local Shopping 2:15 Musician: Bill Burke 3:30 Fireside Books 7:00 Comedy Night w/Will	2 Ground Hog Day 10:00 Exercise: Hip Hop Fitness 11:00 Did Phil See His Shadow? 2:15 The Underground Railroad 3:00 Front Porch Travelers Explore Boston	3 10:00 Exercise: Yoga w/Liz 11:00 Sensational Singers 2:00 Veteran's Coffee Hour 2:15 Pianist: Steven Foster 3:30 Happy Hour Social	4 10:00 Heart Health Talk w/Carrie 11:00 Morning Exercise 2:15 Bingo 2:15 Free Style Painting 3:30 Heart Healthy Social 7:15 Movie: Top Gun
5 10:00 Communion Service 11:00 Sunday Coffee Hour 1:30 Baking Cinn. Rolls 2:30 Bingo 7:15 Movie: Maverick	6 10:00 Rosary 10:30 Muffin Monday's 11:00 Exercise: Yoga w/Meg 2:00 Knitting Club 2:00 Flower Arranging 3:00 Painting w/Jean 3:00 Skeet Ball w/Wayne	7 8:30 ~ 12:00 Transportation 10:00 Meditation 11:00 "The" Blizzard of 1978 2:00 Trip: Walmart? Movies? 2:15 Musician: Rick Walsh 2:15 Free Style Painting 3:30 Card Club @ Pub	8 10:00 Exercise: Drill Sgt. 11:00 Ask A PT NVNA 12:30 Shopping 2:15 Bingo 3:30 Cosmic Bowling	9 National Pizza Day 10:00 Exercise: Hip Hop Fitness 11:00 Big Bands & Swing 2:15 Musician: Frank Adams 3:00 Games with NDA Sr. 3:30 Movie: The Sting 5:00 Pizza Night 6:00 Musicians: Paul & Michael	10 10:00 Exercise: Yoga w/Liz 11:00 Trivia 40's & 50's Movie 2:15 Bingo 2:15 Free Style Painting 3:30 Happy Hour Social	11 10:45 Morning Exercise 11:30 Criss Cross Crossword 2:15 Bingo 2:15 Free Style Painting 3:30 Heart Healthy Social 7:15 Movie: Grease
12 Super Bowl Sunday 10:00 Communion Service 11:00 Sunday Coffee Hour 2:00 Pre-Game Super Bowl Party! 4:30 Super Bowl Kickoff 7:15 Movie: The Age of Adaline	13 10:00 Rosary 10:30 Muffin Monday's 11:00 Exercise: Yoga w/Meg 2:00 Knitting Club 2:15 Musician: Mark Davis 3:30 Galanties Tea 3:00 Painting w/Jean 6:30 "Sweetheart Ball" Swing Fever Trio	14 Valentine's Day 8:30 ~ 12:00 Transportation 10:00 Meditation 11:00 Puppy Love 12:00 Trip: Inn at Bay Point 2:30 Fireside Book Club 3:00 Games with NDA Jr. 3:30 Card Club @ Pub	15 10:30 Exercise: Drill Sgt. 11:00 Flower Arranging 11:00 Food Advisory Meeting 12:30 Local Shopping 2:15 Musician: Frank Ryan 3:30 Bingo 7:00 Comedy Night w/Will	16 10:00 Ballroom Dance w/Michael 11:00 Miss Daisy's School of Dance 2:00 Resident Council 3:15 Rock Hudson Movie: Pillow Talk	17 10:00 Exercise: Yoga w/Liz 11:00 Presidents and The "First" Lady 2:15 Bingo 2:15 Free Style Painting 3:30 Happy Hour Social	18 10:45 Morning Exercise 11:30 Advice from A President 2:15 Bingo 2:15 Free Style Painting 3:30 Heart Healthy Social 7:15 Movie: Notting Hill
19 10:00 Communion Service 11:00 Sunday Coffee Hour 1:30 Baking Bread 2:30 Bingo 7:15 Movie: Made of Honor	20 Presidents Day 10:00 Rosary 10:30 Muffin Monday's 11:00 Exercise: Yoga w/Meg 2:00 Knitting Club 2:00 Name That President 3:00 Painting w/Jean 3:00 Skeet Ball w/Wayne	21 Fat Tuesday 8:30 ~ 12:00 Transportation 10:00 Meditation 11:00 Presidents of the 1940's 11:00 Trip: "MLK" Embrace 3:30 Fireside Books 3:30 Mardi Gras Party!	22 10:00 Ash Wednesday Service 11:00 Exercise: Drill Sgt. 12:30 Shopping 2:15 Singer: Jennifer Mellow 3:30 Bingo 4:00 Trivia with Tony Viola	23 10:00 Exercise: Hip Hop Fitness 11:00 Ice Skating Disaster 2:00 Robert Redford BIO 2:15 Robert Redford Movie: The Way We Were	24 10:00 Exercise: Yoga w/Liz 11:00 Movie Tag Lines 2:15 Name That Tune w/Lynda Chuckran 2:15 Free Style Painting 3:30 Happy Hour Social	25 10:45 Morning Exercise 11:30 White Board Games 2:15 Bingo 2:15 Free Style Painting 3:30 Heart Healthy Social 7:15 Movie: And So It Goes
26 10:00 Communion Service 11:00 Sunday Coffee Hour 1:30 Bingo 2:00 Musician: Michael 3:30 Baking Cookies 7:15 Movie: Leap Year	27 10:00 Rosary 10:30 Muffin Monday's 11:00 Exercise: Yoga w/Meg 12:00 Men's Luncheon 2:00 Knitting Club 3:00 Painting w/Jean 3:00 Flower Arranging 7:15 Movie: Residents Choice	28 8:30~12:00Transportation 10:00 Meditation 11:00 Hollywood's Stunning Stars 12:00 Trip: Schooners 2:15 Pianist: Steve Lanzilotta 3:30 Fireside Books 3:30 Card Club @ Pub	~COLOR KEY~ PRESENTATION/DISCUSSION LIVE ENTERTAINMENT SPIRITUAL HEALTH SOCIALS GAMES TRIPS ART	LOCATION AND EVENTS POSTED DAILY	<u>Activities Director</u> AnnLouise Gorman <u>Activities Assistants</u> Maryellen Cross Liz Chaplin Suzanne Baker Erin Lockary <u>Bus Driver</u> Mike Hughes	ALL ACTIVITIES SUBJECT TO CHANGE