



PHYSICAL | OCCUPATIONAL | SPEECH

Synchrony Rehab has made a home at Allerton House Hingham! To facilitate a safe return to your active life following an injury, illness or joint replacement, you'll have access to Synchrony's full range of therapies available in our comfortable gym or the privacy of your apartment home.

PHYSICAL THERAPY

Restores Range of Motion & Mobility

- Increases strength, balance and mobility function
- Facilitates safe recoveries to reduce rehospitalizations
- Aids in pain reduction and increased mobility for chronic conditions, e.g., back pain or arthritis

OCCUPATIONAL THERAPY

Increases Ability To Perform Everyday Tasks

- Improves an aging body's functionality
- Aids in stroke or injury recovery and improves motor skill function
- Teaches new or modified approaches to activities of daily living (ADLs)
- Trains how to use adaptive equipment, e.g., walkers or transfer benches, safely
- Recommends home modifications to increase safety

SPEECH THERAPY

Improves Ability To Eat Safely & Be Understood

- Improves ability to swallow and reduces coughing or choking risk when eating or drinking
- Aids in stroke recovery and restores affected communication functions

READY TO RECLAIM GOOD HEALTH AND INDEPENDENCE?

Bring front and back copies of these items to Synchrony's office at Allerton House to get on the road to recovery and whole-body wellness.

- Physician's Outpatient Therapy Orders
- Photo ID
- Medicare Card
- Social Security Card
- Secondary Insurance Card
- List of Current Medications